

Selecting the Correct Sling Size

for the Joerns Total Lift and the Resident

The proper fitting of the sling is essential for the safety of the resident and the caregiver.

A sling that is too large could allow the resident to slip and is unsafe.

A sling that is too small could cause bruising and skin tears.

Step 1: Take the sling(s) that fit the resident's weight using the Size & Weight Range Guide in the Hoyer Pro Sling Guide.

For a resident weighing 140 lbs, choose a small and a medium sling.



Step 2: Take the sling(s) to the resident. Align the square purple tabs on the midline of the sling to the resident's spine. Place the uppermost purple square at the base of the neck or level of the top of the shoulders, C7. Place the lower purple square at the base of the spine or tailbone. <u>Select the sling that fits smoothly</u> <u>and reaches between these landmarks</u>.



RESULT: The sling should support the residents torso and thighs without allowing buttocks to fall through opening.

Be sure the sling is smooth and not folded or wrinkled.

Thank you for working safely!

